Dr Dodgeball

Teaching Points Equipment

* Pre-set the playing area Bibs, hoops/goals, ball, hockey sticks
* Safety when moving (looking where you are going)
* Safety throwing the ball (not too hard and below head height)
* Direct throw= no bounces

Aim:

* Avoid getting hit or letting the team know who your doctor is

Instruction

* Divide children into two teams.
* A dividing line is made down the middle of the field and dodgeballs are placed in the middle of the field along the dividing line.
* Each team lines up against the wall of their respective side and a "Doctor" is chosen secretly for each team.
* When the Coach blows the whistle both teams rush for the balls.
* A player is out when they are hit by a direct ball thrown by an opposing team member, if the ball you throw is directly caught by an opposing team member or if they step across the dividing line.
* When a player is out they sit down immediately at the location where they are hit. The doctor can then come and rescue them by tapping them on their shoulder.
* If the doctor is hit then that team no longer can have any team members revived.
* One of the main aims is to not let the other team know who your Dr is otherwise they will aim only for them so teams should use tactics to keep the Doctors identity hidden (e.g. 2 people tapping on shoulder)

Scoring

* The game continues until everyone on one team is eliminated (sat down) or when the time is up the team with the most players standing is the winning team
* Each win is a point. SO if a team wins all 3 rounds they can gain 300 points.

Tips/Alterations

* To avoid collisions when running to get the ball at the start of the game ask the team to choose 2-4 people on their team that are allowed to run to get a ball.
* If a team keeps on losing swap a few players
* To give out more points (even up scores slightly) if the play is stopped after 3 minutes the teams will gain a point for every player left standing in their team. i.e. blue team have 3 players still in the game= 3 points and reds have 1 players standing =1 point.