**CREATE: Balloon Fun/Balloon Keepy Uppy**

Teaching Points

* Do not blow balloons up to much (could pop in face)
* Ask for help if needed (tying up balloons)
* Do not pop someone’s balloon on purpose
* During COVID- balloons must be PUMPED not blown up

Instruction

Balloon Fun:

* Children create their own games (could include balloon tennis, hot potato etc)
* Children can draw on their balloons- use arts and crafts to turn their balloons into a masterpiece!!

Keepy Uppies:

* Children now have the chance to blow up balloons and play Keepy Uppy on their own, in pairs or small groups.
* To make it a bit more creative, children can draw on their balloons- making faces, writing their name or even sticking things onto their balloons.
* When playing Keepy Uppy children must try to stop the balloon from touching the floor. This can be done with just their hands, just their feet or different parts of their bodies. This can be decided as an individual/group.

Points

* Award points for participation/creativity
* You can make it more competitive by counting how many times they hit the balloon and keep it from touching the floor

Tips/Progressions

* Do not force children to play Keepy Uppy. If you have children that are not as sporty they can continue to be creative with their balloons.
* Can children create any other own games with balloons?